

Immune response to *Leishmania (Leishmania) chagasi* infection is reduced in malnourished BALB/c mice

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Protein-energy malnutrition and micronutrient deficiencies may down-regulate immune response and increase morbidity and mortality due to infection. In this study, a murine model was used to study the effects of protein, iron and zinc deficiencies on the immune response to Leishmania (Leishmania) chagasi infection. Mice were initially fed a standard diet or with a diet containing 3% casein but deficient in zinc and iron. After malnutrition was established, mice were inoculated with L. chagasi and sacrificed four weeks later in order to evaluate liver and spleen parasite loads and serum biochemical parameters. Significant decreases in liver and spleen weight, an increase in the parasite loads in these organs and decreases in serum protein and glucose concentrations in malnourished animals were observed. Furthermore, the production of interferon-gamma by spleen cells from infected malnourished mice stimulated by Leishmania antigen was significantly lower compared with that in control diet mice. These data suggest that malnutrition alters the immune response to L. chagasi infection in the BALB/c model and, in association with the effects on biochemical and anatomical parameters of the host, favored increases in the parasite loads in the spleens and livers of these animals.

Key words: visceral leishmaniasis - malnutrition - *Leishmania chagasi* - BALB/c - interleukin 4 - interferon-gamma

Malnutrition is a serious public health problem that has been linked to a substantial increase in the risk of mortality and morbidity (Blössner & Onis 2005), affecting mainly women and young children. In Africa and South Asia, for example, 27-51% of women of reproductive age were underweight and it is believed that about 130 million children (21% of all children) suffered of malnutrition in 2005 (Blössner & Onis 2005). Globally, protein-energy malnutrition (PEM) is the most frequent cause of human immunodeficiency (Revillard & Cozon 1991). The development of a normal immune system will be impaired by malnutrition during critical periods of pregnancy, neonatal maturation and weaning (McDade et al. 2001, Keusch 2003). Many studies have shown that the cellular immune system is more directly affected than the humoral immune system by malnutrition (McMurray 1981). Primary malnutrition leads to atrophy of the lymphoid organs, profound T-lymphocyte deficiency, increased susceptibility to pathogens and development of opportunistic infections (Prentice 1999). Zinc and iron deficiencies are usually associated with PEM. Zinc is an essential trace element for the immune system and zinc deficiency compromises primarily the function

of T cells, but also affects several other immune cells. Zinc deficiency affects about one-third of the world's population. Zinc is an essential cofactor for the activity of many enzymes and its deficiency leads to a reduction in Th1 cytokines and thymic hormone activity, ultimately leading to lymphopaenia. Zinc supplementation improves pathogen-specific cell-mediated immunity in severely malnourished children with shigellosis (Raquib et al. 2004). Iron is also a critical cofactor to immune function and its deficiency is the most common micronutrient deficiency in the world, especially in the tropics (Oppenheimer 2001). Iron deficiency has been associated with defects in both adaptive and innate immunity (Cunningham-Rundles et al. 2005). Furthermore, iron deficiency anaemia in children is associated with reductions in both phagocytic activity and immunoglobulin levels (Ekiz et al. 2005).

Epidemiologic and experimental studies have documented the importance of visceral leishmaniasis (VL) in public health. VL is the most devastating form among the clinical forms of leishmaniasis (cutaneous, mucocutaneous and visceral) and it is caused by intracellular protozoan parasites of the *Leishmania donovani* complex (Garg & Dube 2006). Human infection with *Leishmania (Leishmania) chagasi/infantum* (Maurício et al. 2000) is characterized by long-term low-grade fever, enlarged spleen and liver and weight loss. Laboratory findings reveal pancytopenia, low levels of albumin and hypergammaglobulinaemia. Host protection against *Leishmania* infection is dependent on the development of type-1 immunity, which triggers enhanced leishmanicidal activity by infected macrophages (Caldas et al. 2005).

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Clinical forms may range from sub-clinical infection to progressive fatal disease (Wilson & Streit 1996). If left untreated, the disease may be fatal.

In an innovative prospective study, Badaró et al. (1986) analyzed the epidemiology, clinical patterns and risk factors of VL in an endemic area of Brazil. The authors observed that 45% of VL cases developed among the 11% of the population suffering from second and third-degree malnutrition and that the risk factors included young age (average, 3 years) and PEM before the onset of disease. By using data from the same study, Cerf et al. (1987) concluded that a child with moderate or severe malnutrition had about a 9-fold increased risk of developing VL compared to a well-nourished child. More recently, Maciel et al. (2008) assessed whether nutritional status influenced the outcome of *Leishmania* infection by comparing relatives of children with VL with either self-resolving *Leishmania* spp infection or apparently uninfected households. The authors observed decreases in the body mass index and mid-upper arm circumference by age z-scores for children with VL. Furthermore, levels of vitamin A were lower in children with active VL as measured by serum retinol and the modified-relative-dose-response test. Higher birth weight and albumin concentrations protected against the disease. Increased breastfeeding was associated with asymptomatic infection. These results indicate that modifiable nutritional aspects are associated with the outcome of *Leishmania* spp infection in humans.

Although it is accepted that immunity or susceptibility to infect-parasitic diseases is directly related to host nutritional status, the immunologic mechanisms that govern the relationship between PEM and the course of VL are multiple and not well explained. The impact of PEM specifically on immune response against *Leishmania* infection is not totally understood and the nutritional status of the host is often neglected (Malafaia 2009). Anstead et al. (2001) studied the effects of malnutrition on innate immunity and early visceralization following *L. donovani* infection and observed that malnutrition causes a failure of lymph node barrier function after *L. donovani* infection, which may be related to excessive production of prostaglandin E₂ and decreased levels of interleukin (IL) 10 and nitric oxide (NO). In this study, a murine model of polynutrient deficiency (diets deficient in iron, zinc and protein) was established and demonstrated that malnourished mice have an altered innate immune defence and an increased risk of visceralization following cutaneous *L. donovani* infection.

Despite the evidence provided by Anstead et al. (2001) indicating that PEM affects the innate immune response in mice infected with *L. donovani*, little is known about the effects of PEM on the adaptive immune response in mice infected with *L. chagasi*. Thus, in the present study, a murine model of PEM was created based on that described by Anstead et al. (2001) to evaluate the effects of combined protein, iron and zinc deficiencies on some aspects of the adaptive immune response against *L. chagasi*, the causative agent of VL in the New World. Many experimental animal models have been used to study VL, but few studies investigated the evolution of infection in malnourished mice.

SUBJECTS, MATERIALS AND METHODS

Leishmania parasite and antigen - *L. chagasi* strain MHOM/BR/1974/M2682 was used for the preparation of *Leishmania* antigen. Promastigotes were grown in Grace's Insect Medium (Gibco BRL, Grand Island, NY) pH 6.5 supplemented with 10% heat-inactivated foetal bovine serum, 2 mM L-glutamine, 25 mM HEPES, 50 µM 2-mercaptoethanol and 20 µg/mL gentamicin at 25°C. Infectivity was maintained by serial passage in BALB/c mice. Promastigotes of *L. chagasi* were harvested from late-log-phase cultures by centrifugation and washed three times in PBS. For the experimental infection, 1×10^7 promastigotes were suspended in 200 µL RPMI pH 7.2. For antigen preparation, parasites were disrupted by three rounds of freezing and thawing (freeze-thawed antigen), protein content was estimated by the Lowry method (Lowry et al. 1951) and the preparation was frozen at -20°C until use.

Animals, diets and experimental infection - Female BALB/c mice (3 weeks old) were obtained from Central Biotherium, Federal University of Ouro Preto (UFOP). After weaning, all mice received standard mouse chow (Nuvilab CR-II) until the change to experimental diets. These mice were initially divided in two groups (control and malnourished) that received control and malnutrition diets, respectively (n = 12 mice per group). The control group received a diet based on Reeves et al. (1993) that contained 14% casein and sufficient concentrations of iron and zinc. The malnourished group was fed a diet containing 3% casein but deficient in iron and zinc (Table). The protein level of the casein ranged from 70-80%. Mineral and vitamin mixtures were prepared according to the recommendations for adult mice of the American Institute of Nutrition (Reeves et al. 1993). Diets were prepared at the Experimental Nutrition Laboratory, School of Nutrition, UFOP.

Mice were initially weight-matched and subsequently assigned a diet. Total body weight was measured weekly. As soon as body weights stabilized in the malnutrition diet group, half of the mice in each group (control and

TABLE
Composition of experimental diets (g/Kg)

Ingredients	Control	Malnutrition ^b
Casein	140	30
Corn oil	40	40
Sucrose	100	100
Cellulose	50	50
Vitamin mixture ^a	10	10
Mineral mixture ^a	35	-
Mineral mixture without iron and zinc ^a	-	35
Corn starch	625	725

^a: mineral and vitamin mixtures were prepared according to recommendations of the American Institute of Nutrition for adult mice (Reeves et al. 1993); ^b: based on Anstead et al. (2001) and Malafaia et al. (2009).

malnutrition) were inoculated with *L. chagasi*. For the experimental infection, mice were inoculated with 1×10^7 promastigotes of *L. chagasi* given intravenously in the lateral tail vein. After inoculation, there were four experimental groups: non-infected control group (CG), non-infected malnourished group (MG), infected control group (ICG) and infected malnourished group (IMG).

All animal procedures were approved by the Committee on Ethics in Research of the UFOP, MG, Brazil and followed the guidelines for the use and care of animals for research published by the Canadian Council on Animal Care (1980, 1984).

Biochemical parameters - To evaluate mouse nutritional status, haemoglobin, total protein, albumin, globulins and glucose were measured in mice from all experimental groups on the first experimental day, before experimental infection (7th experimental week) and on the 28th day post-infection (11th experimental week). Mice were fasted for 12 h for determination of biochemical parameters and blood samples were collected via the ocular plexus. The haemoglobin concentration was determined immediately after collection using a commercial kit (Labtest Kit, Cat 43, Lagoa Santa, MG, Brazil). Serum was separated by blood centrifugation and total protein, albumin and glucose levels were determined by the standard methods used in medical analysis (Labtest Kit, Cat 18, 19 and 84 respectively). Globulin concentrations were calculated by the difference between the total protein and albumin concentrations.

Determination of tissue parasite burden - To evaluate the effect of PEM on the parasite load, spleens and livers were collected and weighed separately. A fragment from each organ was collected to be used for parasite quantification. Quantitative limiting dilution culture was performed as described by Titus et al. (1985) and modified by Marques-da-Silva et al. (2005). One weighed fragment from each organ (liver and spleen) was homogenized in a tissue grinder and suspended in 500 μ L of Grace's Insect Medium (Gibco BRL, Grand Island, NY, USA) supplemented with 10% heat-inactivated foetal calf serum (FCS) (Crompton, Andradina, SP, Brazil), 2 mM L-glutamine (Gibco BRL) and 100 U/mL penicillin G potassium (USB Corporation, Cleveland, OH, USA), pH 6.5 in 96-well flat-bottom microtitre plates (160 μ L per well). Five-fold serial dilution was done and, after 14 days, plates were scored microscopically for determination of parasite burden. The number of parasites was determined from the reciprocal of the highest dilution at which promastigotes could be detected after 14 days of incubation at 25°C.

Determination of cytokine and NO production - Single-cell suspensions of spleen were obtained by tissue grinder homogenization and processed as described previously (Marques-da-Silva et al. 2005). These cells were cultured in 48-well flat-bottom microtitre plates for 72 h in medium (Medium) or stimulated with 50 μ g/mL of freeze-thawed *L. chagasi* antigen (*L. chagasi* Ag). Cell culture supernatant was collected from 3-day cultures and the production of interferon-gamma (IFN- γ) and IL-4 was determined in these supernatants by enzyme linked

immunosorbent assay (Afonso & Scott 1993). IL-10 production was evaluated using a PeproTech kit (PeproTech, 900-K53, Rocky Hill, NJ, USA). TNF production was evaluated by biologic assay using WEHI cells (Lattime et al. 1988). The production of NO was determined by the Griess method (Green et al. 1982).

Statistical analyses - All data were analyzed by the D'Agostino & Pearson omnibus normality test. Data with normal distribution were analyzed by Student's *t* test. Data with distributions that were not considered normal were submitted to non-parametric Mann-Whitney's test. Differences were considered statistically significant at $p < 0.05$.

RESULTS

Body weight and biochemical parameters - Total body weight was evaluated weekly after mice were fed with the control or malnutrition diet. Mice fed the malnutrition diet had a progressive decrease in body weight and, in two weeks, it was possible to observe a statistical difference in body weight between the two experimental groups that was maintained until the end of the experiment (Fig. 1). We observed no differences in body weight between mice inoculated with *L. chagasi* and mice that were not infected.

The concentrations of biochemical parameters (haemoglobin, total protein, albumin, globulins and glucose) were determined 28 days after infection to evaluate the nutritional status of experimental mice.

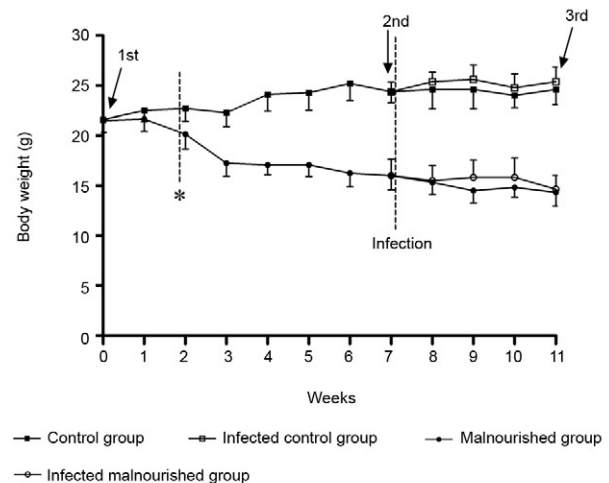


Fig. 1: body weight from mice fed with control or malnutrition diet. Mice received an acclimation on standard mouse chow (Nuvilab CR-II) after weaning and subsequently were divided in two groups which received control or malnutrition diet. Control diet contained 14% casein and was zinc and iron sufficient. Malnutrition diet contained 3% casein and it was zinc and iron deficient. Body weight was evaluated weekly. In two weeks it was possible to observe a statistical difference in body weight among the groups (asterisk means $p < 0.05$). The numbers on the top of the graph indicate when biochemical parameters were analyzed: 1st time point: prior to changing experimental diet; 2nd time point: before experimental infection; 3rd time point: 28th day post infection (11th experimental week). The data presented are from two independent experiments ($n = 12$ for both experimental groups). Statistical differences were determined by Student's *t* test.

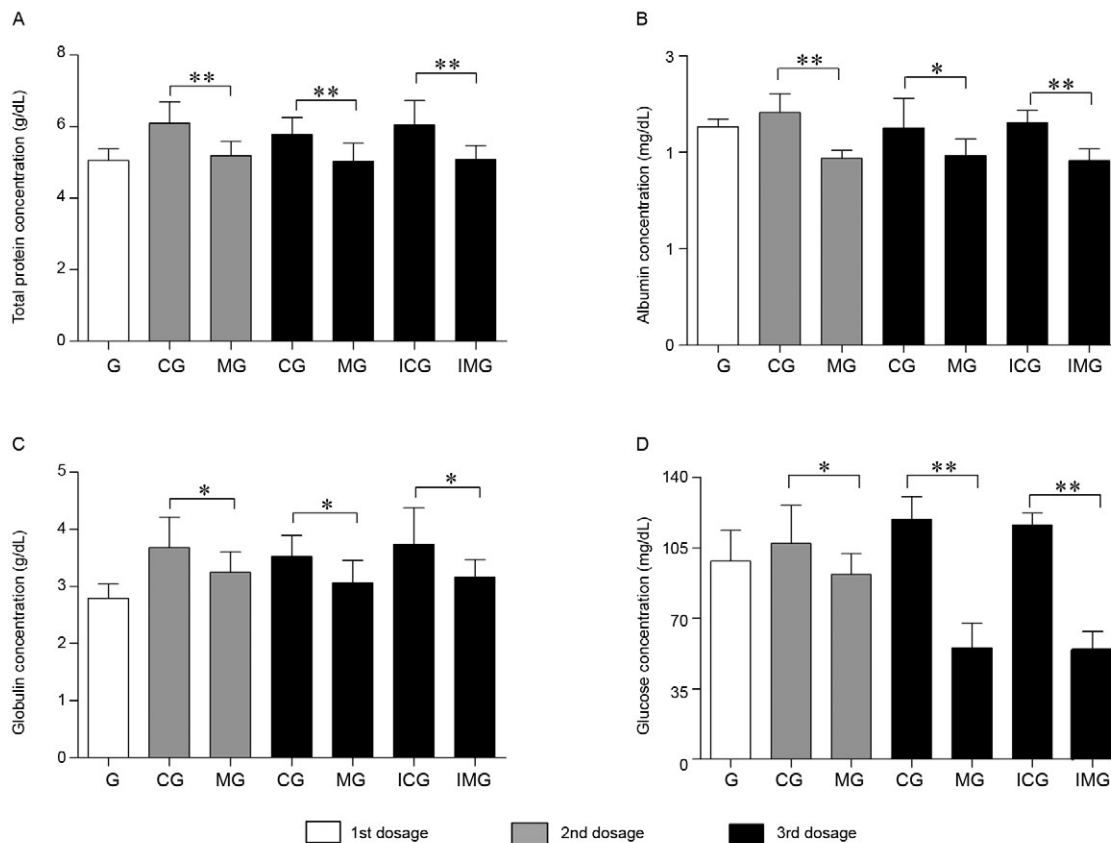


Fig. 2: serum concentration of total protein (A), albumin (B), globulins (C) and glucose (D). Mice were fasted for 12 h in order to determine biochemical parameters. Blood sample was collected via ocular plexus, serum was separated by blood centrifugation and total protein, albumin and glucose levels were determined by the standard methods used in medical analysis. Globulin concentration was calculated by obtaining the difference between the total protein and albumin concentrations (see Materials and Methods). 1st time point: prior to changing experimental diet; 2nd time point: before infection; 3rd time point: 28th day post infection (11th experimental week). Groups: prior to changing experimental diet (G), control group (CG), malnourished group (MG), infected control group (ICG) and infected malnourished group (IMG). The marker over the bars indicate significant difference in biochemical parameters concentration between MG and CG or between ICG and IMG (*: $p < 0.05$; **: $p < 0.01$). Statistical differences were determined by Student's *t* test.

A significant reduction in total protein concentration was observed in malnourished mice compared to concentration in control diet mice starting from the 7th experimental week and this reduction was maintained until the end of the experiment (Fig. 2A). In addition, reductions in albumin (Fig. 2B), globulins (Fig. 2C) and glucose (Fig. 2D) levels were also observed in the malnourished mice compared to the levels in control mice. Albumin levels were not reduced in infected mice in comparison to uninfected mice, as is observed in human cases. There were no differences in haemoglobin concentrations between mice fed control or malnutrition diets (data not shown). Moreover, no differences were observed in the levels of total protein, albumin or globulins in infected mice when compared to the levels in uninfected mice.

Spleen and liver weight - Four weeks after experimental infection, mice were sacrificed and spleens and livers were collected and weighed. Significant reductions in liver and spleen weight in malnourished mice

were observed in comparison to those in control diet mice (Fig. 3). No difference in spleen or liver weight was observed among infected and non-infected mice. We also observed fatty livers in malnourished animals, irrespective of infection (figure not shown).

Parasite loads in spleen and liver - Spleen and liver parasite loads were evaluated in order to study the effects of PEM on the response to the parasite. Although no difference was observed in the parasite load per spleen (Fig. 4B), we observed a significant increase in the parasite load per liver (Fig. 4A) and per milligram of tissue in both livers and spleens from mice fed the malnutrition diet compared to those of the control diet-fed mice (Fig. 4C, D).

Cytokine and NO production by spleen cells - Since PEM caused an increase in parasite load, the production of cytokines by spleen cells in response to *L. chagasi* antigen was also evaluated. Significant production of IFN- γ by spleen cells was observed in the infected control group in response to *L. chagasi* antigen if com-

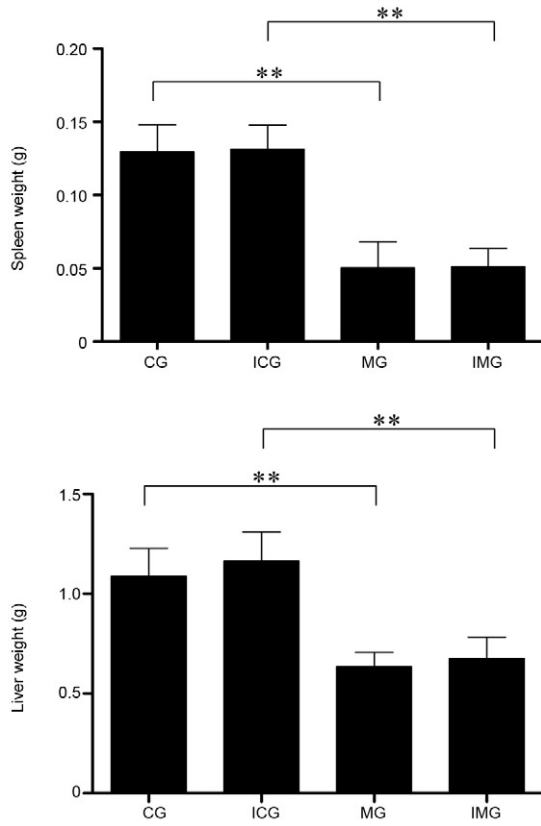


Fig. 3: spleen and liver weight from mice fed with control or malnutrition diet, infected or not. Mice were sacrificed 28 days after inoculation with 1×10^7 promastigote forms of *Leishmania chagasi* and spleen and liver weight was determined. The markers over the bars represent significant organ weight decrease ($p < 0.01$) comparing control group (CG) and malnourished group (MG) and infected control (ICG) and malnourished group (IMG). The bars represent the mean + standard deviation of two independent experiments ($n = 6$ for each experimental group). Statistical differences were determined by Student's *t* test.

pared to uninfected animals (Fig. 5). On the other hand, spleen cells obtained from infected malnourished mice were not able to produce IFN- γ when stimulated with *L. chagasi* antigen. Since IL-10 is a cytokine with many suppressive effects (Nylén & Sacks 2007), we analyzed the production of this cytokine by spleen cells obtained from the different experimental groups. No differences were observed in the levels of IL-10 between mice fed the control or malnutrition diets or between infected and uninfected mice, indicating that VL in mice is not characterized by high levels of IL-10. Significant levels of TNF, IL-4 and NO were not detected in the supernatants studied (data not shown).

DISCUSSION

In this study, a mouse model of malnutrition was used to study the effects of protein, iron and zinc deficiencies on the adaptive immune response of mice infected with *L. chagasi*. For this purpose, mice were submitted to a malnutrition diet for 11 weeks and analyzed at 28 days post-infection. At this time, there is a peak in the parasite load

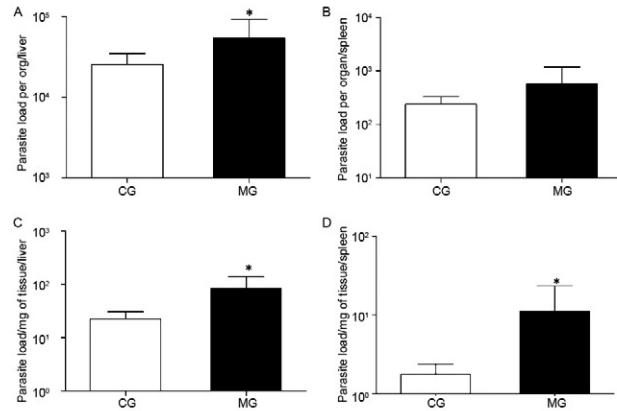


Fig. 4: parasite load from mice fed with control or malnutrition diet. Parasite load per liver (A), per spleen (B), per milligram of hepatic tissue (C) and per milligram of splenic tissue (D) were harvested at 28 days after inoculation with 1×10^7 *Leishmania chagasi* stationary-phase promastigotes and parasite load was quantified by limiting-dilution quantitative culture. The bars represent the mean + standard deviation from two independent experiments [$n = 6$ for control infected group (CG) and $n = 6$ for malnourished infected group (MG)]. Statistical differences were determined by Student's *t* test. The markers over the bars indicate a statistical difference between CG and MG ($p < 0.05$).

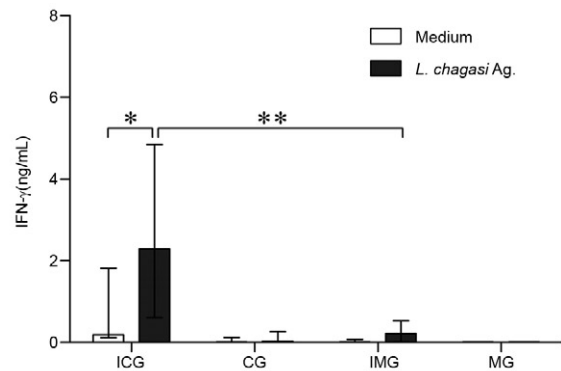


Fig. 5: interferon-gamma (IFN- γ) production by spleen cells from mice fed with control or malnutrition diet. Animals were sacrificed 28 days after inoculation with 1×10^7 *Leishmania chagasi* stationary-phase promastigotes, spleen cells were collected and stimulated with 50 $\mu\text{g/mL}$ of *L. chagasi* Ag in vitro. IFN- γ production was measured by enzyme linked immunosorbent assay. Group division was: infected control group (ICG), non-infected control group (CG), infected malnourished group (IMG) and non-infected malnourished group (MG). The bars represent the median + interquartile range of two independent experiments ($n = 6$ for each experimental group). Statistical differences were determined by non-parametric Mann-Whitney's test. The markers over the bars represent significant difference in IFN- γ production (*: $p < 0.05$; **: $p < 0.01$).

in BALB/c mice infected with *L. chagasi* and the parasite load is increasing in the spleen (Marques-da-Silva et al. 2005). Total body weight was analyzed weekly and two weeks after the change in diet, a significant reduction in body weight was observed in mice fed the low protein diet. Despite the fact that the diets were isocaloric, ex-

perimental data obtained in other studies have shown decreased diet consumption when a hypoproteic diet is used (Chatraw et al. 2008, Fock et al. 2008). Therefore, reduced consumption of calories, macro and micronutrients was observed. Consequently, body weight reduction was accompanied by a reduction in the levels of total protein, albumin and globulins in the mice fed the hypoproteic diet in comparison to mice fed the control diet, as observed in the literature (Fock et al. 2008). These data show typical signs of malnutrition. Interestingly, data from human VL indicate polyclonal hypergammaglobulinaemia and a decrease in the level of albumin (Bouree et al. 2000), but this was not observed in the BALB/c model of *L. chagasi* infection. These data may appear somewhat strange, but the BALB/c mouse is an experimental model widely used in the study of VL that is comparable to self-controlled oligosymptomatic cases in humans. Therefore, it is expected that the signs, symptoms and laboratory data are less severe if compared to humans with VL. We could have used the golden hamster, an excellent model to study active human disease (Melby et al. 2001). In this animal, infection is characterized by a relentless increase in visceral parasite burden, progressive cachexia, splenomegaly, pancytopenia, hypergammaglobulinaemia and eventually death. However, since infection with *L. donovani* complex parasites causes a severe reduction in weight, this model cannot be used to study the effects of malnutrition in the evolution of infection, as it is not possible to have a control well-nourished group (Melby et al. 2001). Concerning haemoglobin levels, no difference between the groups was verified. In this case, it is important to emphasize that three stages of iron deficiency have been described in the literature. We suggest that the experimental time used in our study was not sufficient for the occurrence of the delayed stages of iron deficiency and that this explains the lack of differences between the haemoglobin concentrations in the experimental groups.

Body weight was analyzed weekly until mice were killed and no difference was observed in the body weight of infected mice in comparison to that in non-infected mice (control and malnourished mice). This result differs from studies using the hamster model in which an 18% reduction in body weight in *L. donovani* infected animals was detected by the 56th day of infection (Melby et al. 2001). We suggest that this is due to the time of evaluation (28 days post-infection) and that it might be explained by the virulence of the chosen *L. chagasi* strain.

Although human VL is characterized by spleen and liver enlargement, we did not observe any increase in the spleen and liver in mice infected with *L. chagasi* compared to those in non-infected control mice on 28 days post-infection. A study performed by Smelt et al. (1997) in which 2×10^7 *L. donovani* amastigotes were inoculated by tail vein injection shows that parasites are not detected in the spleen after two weeks of infection, but a progressive increase is observed in the beginning of the third week of infection followed by an increase in spleen weight. In the study by Mukherjee et al. (2006), VL produced in BALB/c mice through intracardial administration of *L. donovani* amastigotes was accompanied by hepatosple-

nomegaly with high organ parasite loads and lymphadenopathy when animals were followed up to four months. In our model, no increase was detected at 28 days post-infection, but this can be related to the species, number and form of parasites since we used 1×10^7 *L. chagasi* promastigotes. Moreover, one should consider the route of inoculation of parasites used in the study performed by Mukherjee et al. (2006). We suggest that splenomegaly can be detected in chronically infected mice in our model of infection, since uncontrolled parasite multiplication is observed in this organ. Otherwise, significant decreases in spleen and liver weight were detected in both infected and non-infected mice that were fed the hypoproteic diet. This reduction might be related to a reduction in cellular migration to these organs. Since cellular migration depends on the expression of adhesion molecules and chemokine production, we suggest that a protein-deficient diet may alter cellular migration to these organs. Along these lines, it was demonstrated that a short-term dietary restriction impaired neutrophil exudation into local inflammatory sites in murine peritonitis by reducing the cluster of differentiation molecule 11b/18 expression and macrophage-inflammatory protein-2 production (Ikeda et al. 2001).

In order to evaluate the effects of malnutrition on the parasite load, this parameter was evaluated in the liver and spleen. We observed an increase in parasite load per liver in infected mice but no increase was observed in the spleen. We suggest that this result is due to the strong reduction observed in spleen weight. Otherwise, a significant increase in the number of parasites per milligram of tissue was detected in both spleens and livers in malnourished mice compared to those of control mice. This increase was accompanied by a significant change in cytokine production. We observed significant production of IFN- γ by spleen cells obtained from control mice in response to *L. chagasi* antigen, while no IFN- γ production was observed when spleen cells obtained from malnourished mice were stimulated with this antigen. Since IFN- γ is involved in the activation of leishmanicidal activity by macrophages (Aguilar-Torrentera & Carlier 2001), we suggest that the reduced levels of IFN- γ may be one of the factors responsible for the alterations detected in the parasite load. In fact, in BALB/c mice, the control of visceral infection is associated with the development of parasite-specific cell-mediated immune responses involving both CD4⁺ and CD8⁺ T cells (Carrión et al. 2006). Although IL-10 is a cytokine with suppressive effects (Mansueto et al. 2007, Nylén & Sacks 2007), no difference was detected in its level between control and malnutrition groups. No production of IL-4 and NO by spleen cells was detected in the experimental groups through the methods used.

In conclusion, in this work, not many characteristics present in human VL were detected, such as hepatosplenomegaly, increased IL-10 levels, hypergammaglobulinaemia and low albumin levels, by 28 days post-infection. Furthermore, we show that PEM associated with iron and zinc deficiencies may alter mouse immune response, leading to a decrease in the production of IFN- γ that can be responsible for a reduced response to the parasite and an increase in parasite load.

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