

Urban Ecology of *Triatoma infestans* in San Juan, Argentina

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This study was performed in an urban neighborhood of the capital city of the province of San Juan, Argentina. Erected as a housing complex, the place consists of 768 flats distributed in buildings of three and seven floors each. A survey was carried out in 33% of the dwellings, enquiring about the number of Triatoma infestans found indoors, stage of the bug development - nymph or adult - and how these insects had entered their homes. Adult T. infestans were found on all floors; 163 people (64%) had found them at least once, and 130 (51%) several times.

Dispersal flight seems to have been the main mechanism of infestation by adult bugs in this area, and a total of 51% of the surveyed inhabitants reported that the insects had flown into their flats.

Key words: *Triatoma infestans* - urban areas - dispersal flight - San Juan - Argentina

Triatoma infestans (Hemiptera, Reduviidae) is an important domestic vector of Chagas disease in Argentina and neighboring countries, typically occupying cracks and crevices in poor quality rural dwellings and emerging at night to suck the blood of people and domestic animals. Immature stages and adults can be dispersed by passive carriage, sometimes over long distances, in the clothes and luggage of people travelling from one house to another (Soler et al. 1969, Dias 1979, Schenone et al. 1980, Schofield 1988). Adult bugs can also disperse by active flight, although the average flight range is usually not more than 200-2000 m (Lehane & Schofield 1976, 1981, Ward & Baker 1982, Schweigmann et al. 1988, Schofield et al. 1992). Other species of Triatominae have been found passively carried by birds (Gamboa 1962), however this has not been reported for *T. infestans*.

Although usually associated with rural habitats, *T. infestans* has also been reported from some periurban districts, and, in the city of San Juan, has been found in homes and public buildings in the centre of the city. In the province of San Juan, when the "Zonda" blows (a warm wind blowing from the west) the inhabitants say it is common to see the arrival of adult *T. infestans* flying into their homes. This phenomenon, known locally as the "chinchas" flight (local term, Vallvé et al. 1991)

has long been noted in rural areas (Schweigmann et al. 1988, Vallvé et al. unpublished data) and has been increasingly seen in urban areas. During the last five years the Servicio Provincial de Chagas of San Juan has received many requests for insecticide spraying of urban buildings as a result of the confirmed presence of *T. infestans* in homes and public buildings in the city of San Juan.

This paper describes a survey of a housing complex in central San Juan where there have been numerous reports of *T. infestans*, and attempts to determine the mechanism by which the buildings have become infested.

MATERIALS AND METHODS

Study area - This study was performed in an urban area of San Juan, capital city of the province of San Juan in the western part of Argentina (31°S, 68°W). It is located in one of the driest continental regions of this country, with a mean annual precipitation of 96 mm and mean annual temperature of 18°C. Summer maximum temperatures rise up to 45°C, the minimum goes down to -7°C (Reta 1979).

San Juan is a seismic area where city houses are built with reinforced concrete, light bricks or hollow blocks and a system of enchainment of iron columns. In the province pigeons are a common pest and usually colonize abandoned buildings which became useless after earthquakes.

The selected area corresponds to Barrio San Martín housing complex (Fig. 1-a), in the northern capital district, which had more than 2600 people for 15 years (2.2% of the total population

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of the Capital Department). *T. infestans* has frequently been reported from flats in the housing complex. During 1989 for example, 7% of the requests for insecticide sprayings (of the Capital Department to the Local Control Agency) came from the studied neighborhood.

The buildings of the housing complex are within an area of 8 ha and there are 768 flats distributed in seven towers (T) of seven floors each, six inter-towers (it) and six sections (S) of three floors each (Fig. 1-a), surrounding a large area with an abandoned central winery (Fig. 1-c). On the roof, inside the winery and on the terraces of some buildings there were large pigeon colonies.

The seven-floor-buildings are divided into two semi-towers of flats joined by a bridge every two floors and a central elevator. The terraces are covered with longitudinally cut half-blocks (a hollow brick - 15 x 40 cm - made of cement with an air carpet below) (Fig. 1-b) in order to provide insulation from heat and rain. On top of these half-blocks nest a great number of pigeons.



Fig. 1 - A: distribution of the buildings of the housing complex in the Barrio San Martín. B: detail of the tower and the half-blocks carpeted the terraces. C: winery.

The whole housing complex is surrounded by groups of poor dwellings at distances that range from 2 to 200 m. About 200 m northwards there was a small group of mud and tin houses - ranchos - called "Villa San Francisco" and separated from Barrio San Martín by a highway.

To fulfill a special request made by the inhabitants, an entomological survey was carried out in the terraces of the buildings, the abandoned winery and the nearby poor houses. Many specimens of *T. infestans* were found in terraces, the winery and the poor houses and all infested places were immediately treated with insecticides (results published separately, Vallvé et al. 1995).

House surveys - A questionnaire was randomly performed in 256 flats out of 768 (33.3%). The inhabitants were asked about the number of times they had found bugs inside their homes, their stage - adult or nymph -, where had they come from and how those insects had entered their houses. The dwellers were trained to capture and keep the triatomines they found.

Laboratory studies - All collected triatomines were identified and classified according to instar and the adults were sexed. The presence of *Trypanosoma cruzi* was determined by microscopical observation of the feces of each insect (400x). The intestinal contents of each triatomine was kept at 22°C for its subsequent identification of blood meal sources (Wisnivesky-Colli et al. 1982).

RESULTS

Inhabitants' reports on triatomine findings

The Table summarizes the reports of insects captured or killed by flat dwellers during this present study in 1993 (November-December). From the 28 collected insects, 24 (86%) were adults that had been captured while flying in through the windows on windy days. The sex ratio of collected bugs was 1:1 (M:F). Only one out of the 28 *T. infestans* was infected with *T. cruzi*. Adult triatomines were recorded on all floors. Only four (17%) of the collected insects had identifiable blood meals in their guts, the remainder were starved. The four triatomines containing blood (two males, one 5th instar and one 4th instar nymph) had fed on humans.

During the survey, 130 (50.8%) out of the 256 questioned people, reported that one or more adults of *T. infestans* had flown into their flats. *T. infestans* was never observed in 36.3% of the flats (93/256) but was found at least once - flying or resting on walls or in beds - in 63.7% of the flats (163/256).

Fig. 2 shows the proportions of 256 surveyed flats with negative, single or multiple bug reports of *T. infestans* per floor of each tower. It can be

TABLE

Triatoma infestans findings (reported or captured) by the inhabitants during the survey performed in Barrio San Martín, November-December 1993, Capital Department, Province of San Juan, Argentina

Buildings	Floors	Instar	Observations
Tower 1	G.F., 2, 5, 6	5 adults (2F, 3M)	have flown into the room
Tower 3	7	1 adult (1F)	wall crevices
Tower 4	4, 6	2 nymphs (N3, N5)	in bed or mattresses
		2 adults (1F, 1M)	flying in during night
Tower 5	5	1 adult (1F)	
Tower 6	2, 5, 6, 7	5 adults (3F, 2M)	starved bugs
Tower 7	3, 5, 7	3 adults (1F, 2M)	"Zonda" was blowing
		1 nymph (N2)	
Sections			
1, 2, 4, 6 ^a	1, 2	7 adults (3F, 4M)	during hot wind resting on metallic net
		1 nymph (N5)	oviposited inside jar
Total		24 adults (12F, 12M)	
		4 nymphs (N2, N3, N4, N5)	

a: unique *T. infestans* (F) with *Trypanosoma cruzi*
 F: female; M: male

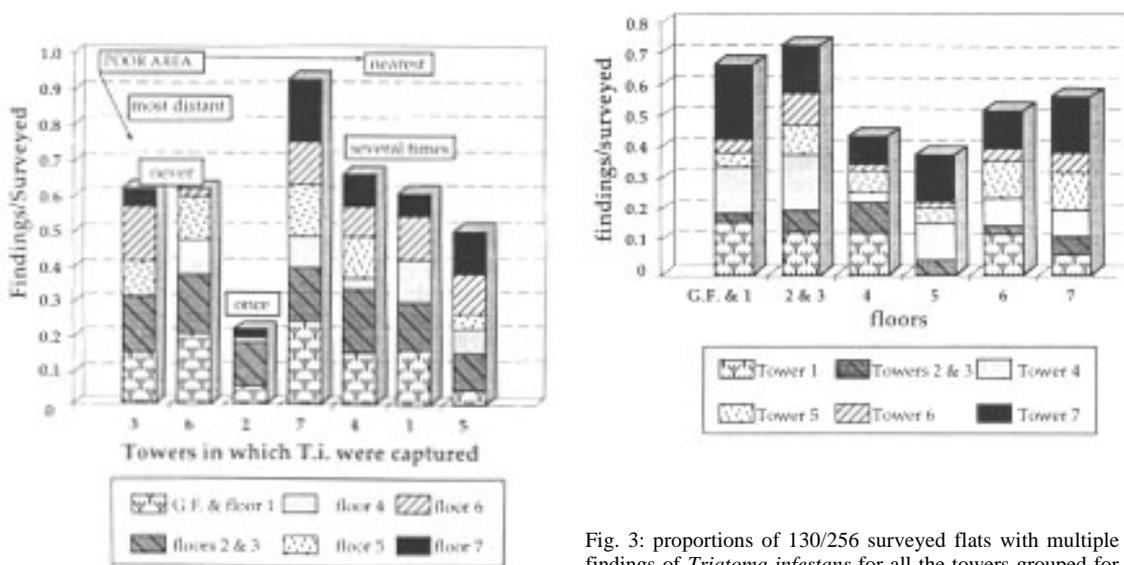


Fig. 2: proportions of 256 surveyed flats with negative, single or multiple reports of *Triatoma infestans* per floor each tower, Barrio San Martín, 1993, San Juan, Argentina.

noted that most multiple findings corresponded to tower 7 (31/33, 94%), 4 (22/33, 67%), 1 (19/31, 61%) and 5 (21/42, 50%) which are closest to the nearby poor houses.

The analysis of the proportion of flats with multiple findings for all the towers, grouped for each floor (Fig. 3) shows similar percentages for either lower (G.F. and 1st: 67%, 2nd and 3rd: 73%) or higher floors (6th: 53% and 7th: 58%).

DISCUSSION

Considering *T. infestans* collections and reports obtained by means of the inquiries, it is evident that the presence of adult *T. infestans* was very frequent, on all floors. Therefore, flight dispersal seems to be of great epidemiological importance in this studied area since flying females could initiate new colonies in nearby houses from a pre-existent focus. In this sense it is worthwhile mentioning that an inhabitant captured an adult female which had entered his house one or two days before and oviposited inside the collecting jar. The

triatomine colonies detected in the terraces and winery could have acted as those foci. There is an apparent relationship between the higher frequencies of *T. infestans* occurrence and the proximity to the poor housing areas. Other studies are necessary to establish if this neighbor area could act as external infestation foci for the studied neighborhood.

There is enough evidence to postulate that infestation of flats is made by adult *T. infestans* flying inside the buildings: 24 out of 28 *T. infestans* captured by the inhabitants were adult and half of them females; the finding of nymphs were always associated with previous reports of the entrance of flying adults; 64% of the people had captured some *T. infestans* at least once in their houses; triatomine findings occurred on all floors; 50% of the surveyed flats reported adult insects flying indoors when the "Zonda" was blowing; those insects caught were depleted of blood as it has been recorded for dispersing adults (Schofield 1985); and those two adult *T. infestans* that rendered positive in the tests had recently fed on human blood.

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